What is your real age?

RESTORATION BIOLOGY

Health is a habit... Not an event?

VERSATIVA “A green giant”
ForeverGreen is a ‘way of being’. Notice the evergreen tree embracing every second of every season of its life – always green, always growing. How many of us embrace every second of every season of our lives in a way that today’s ceiling is tomorrow’s ground floor? Always green and growing! Our ‘way of being’ supersedes anything we know or say!

ForeverGreen is ‘one person at a time.’ Many of us view the world as ‘out there’… some intangible thing that we are incapable of touching, when in fact, maybe the world is ‘here and now’… wherever you are at, whomever you are with. Every moment of every day is an opportunity to change the world, one person at a time.

It is impossible to change the world, much less connect with our lives’ dreams if we are stepping over our health to get there. We make health a habit, not an event, in a way that is pleasurable and measurable.

Health is kindness… kindness is health!

Welcome Home to ForeverGreen… Health, Kindness and Opportunity.

―Ron Williams
Founder, President, C.E.O.,
Chairman of the Board

“There is no such thing as a health trend. Whenever I hear those words I cringe. Your health is as timeless as the sky is blue!
Enjoy our timeless quality and appeal.”
The statements in this catalog have not been evaluated by the Food and Drug Administration. The products in this catalog are not intended to treat, diagnose, cure or prevent any disease. Please consult your health care provider prior to making any dietary, nutritional, or exercise lifestyle changes.
**WHAT’S YOUR REAL AGE?**

The body doesn’t know its chronological age; it only acts its biological age. It will perform miracles by the minute when edified with the proper raw materials. The ForeverGreen commitment is to provide the best raw materials known to man. Restoration Biology™ is a way to honor the intelligence of the body, where age really is just a number, leaving your biological age up to you. So, how old do you want to be?

The ForeverGreen product line, offers restoration support in the areas of Cardio, Immune, Weight Management, Beauty and Skin Care, Natural Energy, Physical Fitness, and overall General Health, anchored by our world-class clean and/or organic whole food line and of course Marine Phytoplankton, the First food, the Best food, the Final say in health and wellness.

By doing so, ForeverGreen celebrates health as a pleasurable habit rather than a plug-your-nose event.
ForeverGreen creates and manufactures the freshest, highest quality, raw whole foods as a solution for providing nutrition in today’s fast paced society. Even those who claim they don’t have time to eat 13 servings of fruits and vegetables a day will find it simple to do so with ForeverGreen’s products. ForeverGreen promotes proper nutrition through several different products. The best news of all, each product tastes delicious in addition to being nutritious.

In order to bring you the freshest and finest products, ForeverGreen has created a multi-million dollar manufacturing facility to produce each of our food products. Having this facility on site ensures that products are not only fresh but contain the highest quality clean and/or organic, raw whole foods.

All of ForeverGreen’s products, whether manufactured at our facility or with our strategic partners, are manufactured with the same standard of excellence. ForeverGreen offers an all inclusive product offering that supports health at every stage of life. And each product is compelling enough to build an entire business around.

William J. Hennen, Ph.D.

Dr. William J. Hennen received his Ph.D. in Bioorganic chemistry at Utah State University (3.98/4.00). Dr. Hennen worked as a researcher/ professor in natural product based drug design and development for thirteen years followed by twenty-one years as a research director and consultant in the nutritional supplement industry. Dr. Hennen is an international speaker on nutrition and disease prevention through dietary supplementation. He is known as a thorough researcher possessing high ethics, and as a manager who is committed to teamwork and the development and empowerment of others. He is the author of over forty books, reports, patents and peer-reviewed papers in bioorganic, medicinal, and nutritional chemistry. Dr. Hennen’s current focus is on Restoration Biology, the new science of longevity. Dr. Hennen’s commitment to ForeverGreen is a natural alignment growing out of mutual interests and the shared goal of making a difference for good in the health of people all over the world. Outside of his professional career, Dr. Hennen and his wife Roberta are active in church and in community affairs involving disadvantaged and abused children.

Adam Saucedo, M.D.

Dr. Adam Saucedo was born and raised in Latin America. He studied as an undergraduate at Salem College in Salem, Massachusetts before earning his Medical Degree at the University of Rochester School of Medicine in 1993. While serving as a soldier in the United States Army stationed in Germany, Dr. Saucedo served in the emergency room serving members of the armed forces who were wounded during operations in North Africa, Europe, the Balkans and the Middle East. In 2001, Dr. Saucedo founded a multi-specialty practice and medical imaging center in Salt Lake City, UT before his partnership negotiated the purchase of the landmark Doxey-Hatch Building, which opened its doors in early 2005 to become one of the largest eating disorder patient care facilities in the world. For the next three years, Dr. Saucedo served as the managing partner and CEO. Dr. Saucedo is also the current recipient of a coveted fellowship in research focused on drug discovery and the study of angiogenesis. Understanding angiogenesis will help fight almost all disease. Dr. Saucedo lectures locally and internationally on nutrition and health.
There are eight principals of health we live by. They are based on the philosophy that we are electrical beings. When we wake up every morning and our heads hit the pillow at night, we are on the hunt for electricity. There are a lot of cultures in Asia that call it energy, chi, there are all sorts of names for it, but bottom line it is electrical.

1. **FRESH AIR.** The first principal is, get a lot of fresh air. It is abundant, it is free and it conducts electricity. Breathe deep it is free.

2. **WATER.** The earth is 70% water. Our fruits and vegetables are 70% water and from the neck down our bodies are 70% water and 93% water from the neck up. So it makes a lot of sense to drink water. What we drink today will walk and talk tomorrow. This generation is such the pill generation, that we get a headache, then we go take a few pills, but only drink just enough water to swallow the pills. We have it completely backwards. Throw the pills down and experience the power of water.

3. **SUNSHINE.** What if the sun was a no show tomorrow? What would happen to life as we know it? Sun in moderation is good for you. The sun produces rare micronutrients for the body, that only the sun can bring. Get out in the sun and be its friend.

What is more interesting is the combination of these three air, water and sunshine. When combined in the plant kingdom it creates photosynthesis. Studies have found that this process creates miracles in plants creating thousands of micronutrients.

4. **EXERCISE.** There are a thousand ways to exercise, but one to consider is simply walking. There are several studies that show that walking will fire up your metabolism. Walking, makes us happy.

5. **TRUST IN NATURE.** Meaning if Mother Nature made it, eat it. If man made it, eat it in moderation or leave it alone. It is funny when you look at the indigenous cultures how they didn't have to think about the foods that they ate. Nutrition to them was common sense. When they looked at food it had a purpose to them. Maybe nature is nutritionally complex so we don't have to be. So tonight when our heads hit the pillow we can absolutely depend on what nature created for us long before we were even created.

6. **RELATIONSHIPS.** The nutritional value that comes in being responsible, within the relationships in our lives. Have you experienced relationships that fulfill you? Typically there are two paths: the negative path is victim, the healthy path is responsible. (I am responsible for all of the relationships in my life!) We don't always view them as part of our overall health, but the way that we can, is ask ourselves if anybody made you feel more alive than ever, or has anyone ever made you feel sick and ill. The fact is in relationships we have two choices, a: we can take the short route which is tell our victim stories in how we were treated by this boss or that boss. We get a new job and the same boss shows up or we get in a new relationship and we have the same issues. The opposite of that is having these beautiful relationships in life. People that we love absolutely fuel our overall energy inside. I always tell the story of a roommate that had the hots for a girl in college and he would go from 0 to 100 the second he would hear her voice or when he was going to go see her. His complete energy would change. So if you don’t think that relationships are part of your health, then look in the mirror where it starts. Stop blaming others and take responsibility by simply saying, “I am responsible for all the relationships in my life”.

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**EIGHT PRINCIPLES OF HEALTH**

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5 — 8 Principles of Health
7. **PASSION.** We have all heard people say, “oh we used to dance, or we used to sing, or play ball, we used to, we used to, we used to….” Recounting a eulogy while still alive. You don’t need anyone’s permission to engage in your passion. It could be karaoke, dancing, remodeling cars, it could be anything. The point is, whatever your passion, do it and do it abundantly. You will find when you are doing your passions, you too will be happy and alive.

8. **SPIRITUALITY.** Finally the thing that is bigger than all of us, “your spirituality”, whatever that means to you. Something bigger than us, so that none of us can get in the way.

So there you have it, ForeverGreen’s 8 principles of health.

The miraculous wonder in this message is that we believe the body is practically bound to perform miracles by the minute. It is through this message that life in its fullest happens. It is next to impossible to create and sustain our dreams if we are stepping over our health to get there. ForeverGreen. Health, Kindness, and Opportunity.

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**SIGNATURE FOODS**

**CARROTS FOR THE EYE?**

**WALNUTS FOR THE BRAIN?**

**IS NATURE SPEAKING SIGN LANGUAGE?**

Ancient civilizations considered the walnut to be good for the brain. Why? The Law of Signatures, a theory that form follows function. The husk is the skin; the hard shell, the cranium; the meat, the brain. There are left and right hemispheres. Scientists now confirm that walnuts, high in Omega Fatty Acids, are brain food.

A sliced carrot looks just like an eye with a pupil and radiating lines around the iris. Carrots have been found to be exceptionally good for eye health.

The tomato is heart food. Why? It is red with chambers like the heart. Red peppers are likewise heart-shaped with chambers. Science now confirms that tomatoes and red peppers are exceptionally good for the heart.

White grapes, red grapes, white blood cells, red blood cells? Hmmm...

**SIGNATURE FOODS**

**CARROTS FOR THE EYE?**

**WALNUTS FOR THE BRAIN?**

**IS NATURE SPEAKING SIGN LANGUAGE?**
WHAT IS VERSATIVA?

THE VISION
The Versativa vision starts from soil, seeds and hands, to manufacturing thousands of renewable eco-safe products from paper/tissue and clothes to even green fuel and energy. We may not be able to control the world economy and practices, but with Versativa, we can create and control our own. This is an opportunity for people to vote for each other and future generations. It’s BIG!!

THE RETURN
The Versativa brand is quite possibly the biggest eco-solution of our time. It’s bigger than all of us and will never manifest in one broad stroke. Versativa is our trademark name for Hemp to distinguish it for what it is, not for what it was wrongfully made out to be. Once before in American history it saved our economy and it is now making its profound comeback through millions of small strokes from people like you and I.

THE FUTURE
The Versativa brand is the Eco-Division of a multimillion-dollar, 7 year old, publicly traded company with a proven team of seasoned, earth-conscious entrepreneurs. This is the ground floor to make a difference in the environment of “earth and humanity.” Versativa is an organized campaign for “we the people” to create an eco-responsible, abundant economic stimulus.

VERSATIVA
ver·sa·tiva noun
2: commercial stimulus: environmentally safe: renewable: (nutrition for man, machine and earth)

Hemp, among its many other uses, is the perfect food for human consumption!

• Hemp seeds contain up to 36% protein.
• The protein in hemp seed is comprised of approximately 65% Edestin and can be found only in hemp seed protein.
• Edestin aids digestion, is low in phosphorus and is considered the backbone of human cellular DNA.
• Hemp protein contains all 20 known amino acids including the 8 essential and 2 semi-essential amino acids (EAA’s) our bodies cannot produce. Proteins are considered complete when they contain all 10 essential amino acids in a sufficient quantity and ratio to meet the body’s protein requirements.
• No other single food source has the essential amino acids in such an easily digestible form, nor has the essential fatty acids in as perfect a ratio to meet human nutritional needs.
• Hemp seed is an excellent source of calcium and iron. Whole hemp seeds are also a good source of phosphorus, magnesium, zinc, copper and manganese.
• Hemp seed is gluten free and consequently will not trigger symptoms of celiac disease.
Today our children think they are health nuts, when a label says their candy contains 10 percent juice. Maybe this is why 3 out of 5 of this generation will get diabetes. When they think they are eating fruit: it's because they are labeled Fruit Loops, Apple Jacks, and Crunch Berries. While strolling through the grocery market the inside isles resemble to a cemetery with packaged processes food. A burial ground for synthetic, cooked, or processed foods. We are a quick fix generation, focused on packaging and trends. If you want to see good packaging go to the produce section of the market. Now that's packaging!

Nature is complicated, so we don’t have to be. Beware of those trendy marketeers who will preach inferiorism to you. Telling you the food is no good, the dirt is no good, the air is no good, and the water is no good. That we are no good. So that they can sell you their lifeless, synthetic, fractionated supplements. Here is the deal: If you can breathe, keep breathing. And if the water is wet, drink it. The cleaner the better. And if God made it eat it. If man made it, leave it alone, or eat it in moderation. At ForeverGreen we have called these raw foods Primary Nutrition, because they are primarily all you need to live.

26 organic and/or clean raw foods. Pulse comes in 3 flavors (Hemp/Blueberry, Hemp/Raspberry, and Hemp/Cherry) and we make it fresh daily. Pulse is our proprietary food blend headlined with hemp and also uses sprouting technologies. Pulse is the highest quality of food known to man and is stamped with our raw promise. Feel good, eat liberally, no guilt.

Pulse also comes in bars to use as samples to build your business, they are called Business Bars.
WHAT IS THE MYSTICAL MAGNETISM OF CHOCOLATE?

WHY IS CHOCOLATE THE NUMBER-ONE CRAVED FOOD IN THE WORLD?

HOW DID IT BECOME A $12 BILLION-A-YEAR INDUSTRY?

WHERE DID IT COME FROM?

The number-one craved food in the world (more than 50 percent) just so happens to be atop of the USDA’s antioxidant list.

We surveyed hundreds of people asking this question: “Is chocolate a candy, a bean, a fruit, or a vegetable?”

Guess what? No one got it right. Chocolate is a fruit called Theobroma Cacao (“the food of the gods”). Literally, an extension of the produce section. It is amazingly great for lifting your spirits as well as heart health.

We disconnected from the wonders of chocolate when commercialists wanted to preserve and ship chocolate around to merchandisers. They began adding cheap fillers like refined sugars, wax to prevent melting, hydrogenated fats, artificial flavors, etc. Because these ingredients were so cheap, money was the motivation. In essence, it is not the chocolate that is bad for you, but perhaps the ingredients that have been put in the chocolate.

Recently, science has had much to say about this “food of the gods”

Chocolate is the number one antioxidant food on the planet

Scientifically associated with love and libido

Shown to support normal blood pressure and cholesterol levels

Supports circulation

A natural way to enhance mood and mental clarity

U.S. government sources recommend consumption of 1 to 1.5 ounces per day

**TOP ANTIOXIDANT FOODS**

<table>
<thead>
<tr>
<th>Food</th>
<th>ORAC* Units Per 100 Grams</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dark Chocolate</td>
<td>13,120</td>
</tr>
<tr>
<td>Milk Chocolate</td>
<td>6,740</td>
</tr>
<tr>
<td>Prunes</td>
<td>5,770</td>
</tr>
<tr>
<td>Raisins</td>
<td>2,830</td>
</tr>
<tr>
<td>Blueberries</td>
<td>2,400</td>
</tr>
<tr>
<td>Blackberries</td>
<td>2,036</td>
</tr>
<tr>
<td>Kale</td>
<td>1,770</td>
</tr>
<tr>
<td>Strawberries</td>
<td>1,540</td>
</tr>
<tr>
<td>Spinach</td>
<td>1,260</td>
</tr>
<tr>
<td>Raspberries</td>
<td>1,220</td>
</tr>
<tr>
<td>Brussels sprouts</td>
<td>980</td>
</tr>
<tr>
<td>Plums</td>
<td>949</td>
</tr>
<tr>
<td>Alfalfa sprouts</td>
<td>930</td>
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<tr>
<td>Broccoli florets</td>
<td>890</td>
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<tr>
<td>Oranges</td>
<td>750</td>
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<tr>
<td>Grapes, red</td>
<td>739</td>
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<tr>
<td>Red bell pepper</td>
<td>710</td>
</tr>
<tr>
<td>Cherries</td>
<td>670</td>
</tr>
<tr>
<td>Onion</td>
<td>450</td>
</tr>
<tr>
<td>Corn</td>
<td>400</td>
</tr>
<tr>
<td>Eggplant</td>
<td>390</td>
</tr>
</tbody>
</table>

Source: Data from U.S. Department of Agriculture and the Journal of the American Chemical Society.

ORAC* (Oxygen Radical Absorbance Capacity) is a measure of the ability of foods to subdue harmful oxygen free radical that can damage our bodies.

**WHAT IS 24 KARAT CHOCOLATE®?**

The happiest health news of a lifetime! Chocolate is a fruit, an extension of the produce section. The number-one antioxidant (USDA)! Try our 24 Karat Natural Chocolate Teasers. Great for heart health, and they will definitely make you smile. Made with organic dark chocolate, vanilla, and cane juice. Includes 60 individually-wrapped chocolates.

Look for Hemp Teasers coming soon!
HEMP PARCHED PULSE
Anasazi Parched Pulse is a great guilt-free snack for school lunches, the office, backpacking...anytime. All you get is corn, tomatoes, peas, asparagus, broccoli, hulled hemp seeds and a sprinkling of SmartSaltz™. They’re named after the Anasazi Indians of North America who stored vegetables and grains in their high mountain pueblo-like strongholds built in the cliffs. What’s great is you cannot stop eating these vegetables! [4.2 oz.]

HEMP HARVEST MIX
A tasty, crunchy, whole food treat with familiar barbecue spices you’re sure to enjoy. Made with raw nuts, seeds, legumes, grains, and spices. It’s high in fiber, protein, iron, vitamin E, phosphorous, and more. Instead of reaching for fatty barbecue-flavored chips, satisfy cravings with this delicious healthy, whole food, crunchy treat. [12 oz.]

FONDUE WAFERS
ForeverGreen’s 24 Karat Chocolate Fondue Wafers are pure organic chocolate. Enjoy fondue with your favorite fruits, nuts, and more. ForeverGreen Fondue offers all of the health benefits and pleasure of pure chocolate with none of the guilt. Includes 2 pounds of individual drops for easy melting. [32 oz.]

FINALLY FRUIT™
This is a mouth watering whole-fruit experience in a preservative-free snack! Thanks to a unique drying process, 98 percent of health-promoting, all-natural enzymes are intact! It’s stores easy and is light to carry. It is perfect for camping, hiking, fishing, sporting events and more. Carnival Finally Fruit™ is a burst of apples, kiwi, peaches, raspberries, cherries, strawberries, blackberries and blueberries. [6 oz.]

FONDUE MELTER
ForeverGreen’s Deluxe Fondue Chocolate Melter is designed to heat our chocolate to a precise, low temperature in order to melt the chocolate thoroughly and perfectly. It’s a “must have” for breakfast, lunch, dinners and even Fondue Parties!

HEMP GO NUTS FOR CHOCOLATE
Go Nuts For Chocolate is a great party mix that everyone will love. Mix includes almonds, cashews, pecans, walnuts, Hazelnuts, pine nuts, pumpkin seeds, hulled hemp seeds and of course 24 Karat Chocolate chunks. [16 oz.]

FINALLY FRUIT™
This is a mouth watering whole-fruit experience in a preservative-free snack! Thanks to a unique drying process, 98 percent of health-promoting, all-natural enzymes are intact! It’s stores easy and is light to carry. It is perfect for camping, hiking, fishing, sporting events and more. Carnival Finally Fruit™ is a burst of apples, kiwi, peaches, raspberries, cherries, strawberries, blackberries and blueberries. [6 oz.]

Versatива Primary Nutrition — 10
WHAT IS COMPLIMENTARY NUTRITION?
What is complimentary nutrition? Complimentary nutrition is understanding the importance of supplementary nutrition. It is there to complement a lifestyle of primary nutrition. People everywhere need cardio support, immune support, digestive support, etc. Complimentary nutrition is designed to be there when you need it. ForeverGreen offers some of the best supplements in the world.

INSPIRIN
Two of the best industry stories ever, just became ONE! Versativa with Marine Phytoplankton. Antioxidants, Essential Fatty Acids, Amino Acids, our secret Virtual Massage blend, all in a convenient single-serving Whole Food Delivery!

Whole juicy Raspberry puree, Blackberry puree, Resveratrol from Grapes, Essential Oil of Black Cumin Seed, Essential Oil of Black Raspberry Seed, Hulled Hemp Seeds and Marine Phytoplankton all carry our secret Virtual Massage blend! No embalming fluids! INSPIRIN is naturally preserved!

Hence... Lose the stress, Ease the pain! (1 oz. pouch)

HEMPHORIA
The one and only Hemphoria 24x concentrate. Hemphoria is a whole hemp seed concentrate with our complimentary proprietary blend of peace and happiness. In today’s world where mental health is often overlooked, peace has become priceless and happiness comes at a premium. Hemphoria is loaded with antioxidants, essential fatty acids and is incredible for circulation. Its carefully formulated ingredients are instantly bioavailable and bottled in a brand new, state of the art, Swiss engineered bottle that preserves and enhances ingredients through its photosynthetic interaction with light. (1.7 oz.)
HONOR YOUR HEALTH
BY HONORING YOUR SKIN
Versativa personal care products are toxin-free alternatives to synthetic, chemical, personal care products. After filling our bodies with healthy whole foods, we should try to avoid harming them on the outside with toxins. These products pamper your skin with their all-natural, plant-based formulas that nourish your skin as nature intended. They are also 100 percent natural and biodegradable.

It is naïve to think we can spread synthetic chemicals on our skin, the largest living organ of the body, day after day, and not suffer the potential consequences! The effectiveness of patches that allow medications to quickly absorb through the skin should be a warning to us that much of what we put on our skin ends up in our bloodstream. Numerous name-brand shampoos use ingredients that are also found in anti-freeze and engine degreasers, including DEA, a known carcinogen found in more than 600 home and personal care products including soaps, shampoos, and lotions. From skin contact alone the body can absorb and store potentially toxic chemicals throughout the body.

THE VERSATIVA PERSONAL CARE PRODUCTS WERE CREATED WITH THE SAME HIGH STANDARDS WE APPLY TO ALL OF OUR PRODUCTS:

• NO SYNTHETIC CHEMICALS OR FAKE PRESERVATIVES

• FORMULATED USING CLEAN AND/OR ORGANIC WHOLE FOOD, PLANTS, FRUITS, HERBS, AND ESSENTIAL OILS

• MORE EFFECTIVE THAN TOXIC, COMMERCIAL, STORE-BOUGHT PERSONAL CARE ITEMS

• SAFE FOR ALL MEMBERS OF THE FAMILY, FROM INFANTS TO THE ELDERLY
SILK CITRUS FLOWER BODY SCRUB
This enticing, warm fragrance combines flaxseed oil, rose hip oil, borage oil, and chlorophyll, then adds the safest lathering agent with ionic sea minerals. It comes in a base of stabilized oxygenated water infused with hemp oil, Marine Phytoplankton, with gentle exfoliating jojoba beads, and green and white tea. Silk is an all-purpose, clean and/or organic, pH-balanced body scrub for face, body, or the bath. Feel the difference. Skin care never felt so good. (12 oz.)

JUICE CIRITUS FLOWER SHAMPOO
Just like an energy juice with all the extra nutrients and vitamins you'd find at an expensive juice bar, our Citrus Flower Shampoo is a moisturizing, nourishing hair cleanser. Naturally balanced with safe, plant-based ingredients, this shampoo is biodegradable and a health deposit for your hair and scalp. Formulated with hemp oil, Marine Phytoplankton, chamomile, rosemary, and much more; Citrus Flower Shampoo pampers your hair like the best salon-quality shampoos without any of the chemical side-effects. (12 oz.)

SILK MINT FLOWER BODY WASH
This enticing, warm fragrance combines hemp oil, flaxseed oil, rose hip oil, borage oil, and chlorophyll, then adds the safest lathering agent with ionic sea minerals and Marine Phytoplankton. It comes in a base of stabilized oxygenated water infused with lavender, lime, and green and white tea. Silk is an all-purpose, clean and/or organic, pH-balanced body wash for face, body, or the bath. Feel the difference. Skin care never felt so good. (12 oz.)

JUICE CIRITUS FLOWER CONDITIONER
Our Citrus Flower Conditioner is a botanical infusion of sage, balm mint, ylang ylang, hemp oil, Marine Phytoplankton and more. Naturally balanced with safe, plant-based ingredients, this conditioner is biodegradable and a health deposit for your hair and scalp, leaving your hair soft, smooth and manageable. It's the most nutrient-dense tonic for your hair. (12 oz.)

PROTECT HAND SANITIZER
Protect yourself and those you love with this antibacterial, all natural, pure essential oil hand sanitizer. Simply pump gel onto hands and rub in gently. Breathe in the cleansing aroma of rosemary, peppermint and lavender. Perfect for those on the go! Keep in your purse, at the office, in your car and of course at home. (2 oz.)

TOUCH ANTIBACTERIAL FOAMING HAND SOAP
Touch is an all-natural, antibacterial soap presented naturally and safely in a clean, white foam. You will love washing your hands. Touch Antibacterial Foaming hand Soap leaves no film or sticky mess and has an enlivening aroma. (6 oz.)
EScApE
STRESS RELIEVER
Escape the worries and stress of life with the new Escape Pure Essential Oil Stress reliever from our ForeverGreen Apothecary. Just roll a little Escape on your neck and rub it in while heating up your neck wrap in the microwave for a minute and a half. Then, wrap up and let your stress melt away! (10 ml)

THERMA-PEUTIC
NECK WRAP
Heat up your neck wrap in the microwave for a minute and a half. Then, wrap up and let your stress melt away! Use with the Escape Stress Reliever or your favorite ForeverGreen oils.

RENEW
CHOCOLATE MARSHMALLOW SCRUB
This exclusive natural body exfoliant acts as a detoxifying and re-mineralizing treatment, improving uneven skin texture, and dullness. Renew leaves the skin silky soft and lightly scented. You’ll instantly see the difference in your skin. It will appear younger and feel much softer. (8 oz.)

ROLL
ALL NATURAL DEODORANT
Roll all natural deodorant. One of the most important daily rituals is that of deodorant. ForeverGreen uses all natural ingredients to naturally honor the bodies natural release of toxins. Most importantly we do it with out the use of aluminum or propylene glycol. (3 oz.)

QUENCH™
Quench is a multi-purpose, topical moisturizing spray formulated with the highest quality all-natural active, clean and/or organic ingredients. Use it as a body and face moisturizer, to soothe burns and bites, as an ointment for foot and body irritations, as an insect repellent, or as an aid for massage and reflexology. (2.78 oz.)

SHINE
ORAL REJUVENATION
Imagine a tooth and gum cleaner strong enough to eliminate and remove bacteria and safe enough to swallow. Shine uses specific essential oils for oral hygiene with extra benefits involving respiratory and digestive systems. Feel the power. (10 ml)
BALANCE™
This mineral-fortified multipurpose gel is made from all-natural ingredients. Ideal for daily use on face, skin and hair. Use it after sun as a moisturizer, for children’s sensitive skin, and more. (8 oz.)

SLIDE™
Our rich, concentrated shaving cream in a jar offers exceptional glide for greater comfort, and more shaves per razor. Food-based botanical ingredients naturally protect skin against chaffing, rash, and razor burn. No alcohol means no burning sensation and no dry skin. It has a clean, citrus fragrance that is wonderful for both men and women. (8 oz.)

HYGIEAN SPA GRATITUDE
Hygiean Spa is perfect for relaxation and tranquility, this type of herbal salt bath was often used by people in ancient times for revitalization of the mind and body. Feel your stress and tension slip away as you soak in this luxurious salt bath, infused with the pure-premium grade wild-crafted and organic essential oil blend Gratitude. (32 oz.)

DEAD SEA SALTS
Bring the properties of your favorite essential oils to life by blending them in your bath with Dead Sea Salts. People from around the world have sought out the salts from the Dead Sea for centuries. Whether it is for relaxation and tranquility or for revitalization of the mind and body, Dead Sea Salts are a great place to start. (32 oz.)

HOUSE KEEPER™ MULTI PURPOSE CLEANER
An all-in-one cleaner with multiple uses ranging from removing oil stains on the driveway to a safe, gentle, pet shampoo and everything in between. This product is 100 percent biodegradable. (16.9 oz.)
The body heals itself when properly edified, and nothing edifies the body like Marine Phytoplankton

Marine Phytoplankton provide the following:

- Alanine
- Arginine
- Asparagine
- Aspartic Acid
- Beta-carotene
- Bioflavonoids
- Biotin
- Boron
- Calcium
- Chlorophyll
- Chromium
- Cobalt
- Copper
- Cysteine
- Essential Fatty Acids
- Electrolytes
- Fiber
- Fluorine
- Folic Acid
- Germanium
- Gamma Linolenic Acid
- Glutamic Acid
- Glutamine
- Glutathione
- Glycine
- Glycogen
- Histidine
- Iodine
- Iron
- Lecithin
- Leucine
- Linoleic Acid
- Lysine
- Magnesium
- Methionine
- Molybdenum
- Niacin
- Nickel
- Nucleic Acids
- Omega-3 Fatty Acids
- Omega-6 Fatty Acids
- Pantothenic Acid
- Phenylalanine
- Phosphorous
- Potassium
- Proline
- Pyridoxine
- Riboflavin
- RNA
- Selenium
- Serine
- Silicon
- Sodium
- Superoxide Dismutase
- Substance P
- Thiamine
- Threonine
- Tyrosine
- Valine
- Vanadium
- Vitamin B12
- Vitamin C
- Vitamin E
- Zinc

Tom Harper’s Legacy

It was out of necessity that this legacy was discovered. Tom Harper was given weeks to months to live. Today, years later, Tom lives to tell his story. Already, upon hearing Tom’s story, the demand around the world has become overwhelming. Every day we hear success stories from people from all over the world. Their lives have been dramatically changed by the marine phytoplankton from Tom’s sea farm that is showcased in some of ForeverGreen’s products. This legacy is also helping to ensure the health of the marine life around the sea farm as the production of marine phytoplankton actually gives more back to the ocean than it takes out.

This pristine Pacific Northwest beach is the home of the one-of-a-kind sea farm where Tom Harper created and holds the exclusive patent-pending process of growing and harvesting Marine Phytoplankton. Eight one million liter tanks are used to recreate the “spring bloom” each day instead of only once a year.

The FIRST, BEST AND FINAL SAY IN HEALTH AND WELLNESS

The most amazing thing about marine phytoplankton is that it is FIRST… the FIRST food on earth… Tom Harper’s FIRST sea farm of its kind on Earth… and ForeverGreen is the FIRST to market it exclusively!

Marine phytoplankton is BEST… it is the base of the plant kingdom, in and out of the ocean… NASA declared that it is a major source of the Earth’s oxygen… and we now know that many whales live on marine phytoplankton 100, even 200 years, while enjoying a healthy love life.

Lastly, marine phytoplankton is the FINAL say in health and wellness. It has 400 times the energy of any known plant and a nutritional analysis that is second-to-none. It doesn’t get any better!
FREQUENSEA™
FrequenSea was ForeverGreen's first product offering that provided the benefits of marine phytoplankton. This amazing ionic whole-food tonic includes marine phytoplankton, a food source with a nutritional analysis that is second to none. Experts call FrequenSea a superfood as it includes all the elements necessary to sustain a healthy life. With added rose, astaxanthin, ginger, aloe vera and frankincense, it is a blend of the best land and sea have to offer.

AZUL
Azul, with marine phytoplankton, is in a proprietary base blend of 24 raw whole foods including maqui berry, acai berry, coconut and more. This would explain its high antioxidant level rating and an ORAC of 14,800 per 100 grams!

These super fruits are air dried at room temperature to preserve their integrity, blended, and then run through a proprietary procedure known as “pop granulation”, naturally, for your health and pleasure!

There are no embalming fluids... excuse me, no preservatives... and no pasteurization, which means you get all the goodies. Azul is then lightly sprayed with agave to bring its brilliant taste to perfection. Azul is friendly for your stomach as it is fortified with probiotics that are microencapsulated just for Azul. Each batch of Azul takes 14 to 18 hours to blend to perfection.

Be Young! Be Healthy!

(1 Carton includes 40 10g Packets)
**FIxx**
Get your daily “fix” of nutrients in this convenient, organic, chocolate meal replacement shake. FIxx is developed by nutritional experts to curb your appetite while providing whey protein, vitamins, minerals, antioxidants, probiotics, digestive enzymes and a fruit and vegetable blend. And it tastes delicious!
(1 Box of 12 FIxx Pouches)

**SMARTSALTZ®**
Throughout history, salt has been used as a form of currency (“to be worth your salt”). The cleaner the salt, the more value. Our 24 Karat SmartSaltz are pure and clean without the heavy dross or impurities. Check for yourself. Mix a teaspoon of your table salt into a clear glass of water. At the same time mix the same amount of of SmartSaltz in another glass of water. You will notice the table salt glass is cloudy while the SmartSaltz glass is clear. Imagine what the cloudy salt could be doing to your health! (8 oz.)

**ELECTRIFIRE™**
Don’t risk your health and happiness for artificial energy. ElectriFire is an exclusive combination of safe energy and natural health. ElectriFire utilizes ForeverGreen’s patent-pending technology to take natural plant concentrates and render them water-soluble, making them instantly bioavailable to the body. These proprietary blends contain natural, safe, clean and/or organic ingredients for instant energy that lasts for hours. Experience the exotic, full-flavored, sweet nectar of ElectriFire! Literally arousing your senses within seconds, with premium ingredients, how could something so natural taste so good? And for an extra kick of warmth all over try ElectriFire Spiced, a combination of exotic fruits with a pinch of chili.

**THUNDER™ MEAL REPLACEMENT**
Thunder™ provides more than 28 grams of easily-absorbed organic whey protein with just 72 calories per serving. Includes important probiotics and digestive enzymes mixed with natural vitamins, minerals and exclusive 24 Karat Chocolate® for taste.
(60 servings per container.)

IFIxX

**ELECTRIFIRE™ SMOOTH**
(20 2oz. Bottles)

**ELECTRIFIRE™ SPICED**
(20 2oz. Bottles)
A.I.M. — TRANSFER FACTOR FORMULA

A.I.M. Transfer Factor Formula is a proprietary, high-quality raw materials buffet that allows the intelligence of each cell the opportunity to design its own optimal health and physical power. A.I.M. the purest of nature enveloped by the latest in science. We know the body will perform miracles by the minute when given specific raw materials.

Everyone is looking to optimize immune function, anti-aging, and even their metabolism. Only a mother can begin to understand the power and protection in transfer factor. Ironically, A.I.M. also features Mother Nature’s milk, marine phytoplankton, available to mankind for the first time in history.

Forget the absence of disease. Create the presence of power. Enjoy A.I.M. and dance through stress, conquer fears, and live a life, instead of survive one.

(90 capsules)

PULSE-8

Pulse-8 is a powdered beverage containing L-Arginine and eight heartfelt super ingredients including Vitamin B complex, Vitamin C, Vitamin D, coQ10, inulin, acai berry, pomegranate and red wine extract. This special formula, with its specific ratios, is doctor-formulated and inspired by Nobel Prize-winning research. Pulse-8 is about creating and sustaining a healthy heart with no artificial flavors and a low glycemic index. (30 servings per container)

DID YOU KNOW?

• HEART DISEASE IS THE NUMBER-ONE KILLER OF BOTH MEN AND WOMEN, AND KILLS MORE THAN THE NEXT NINE CAUSES OF DEATH COMBINED.
• ONE STROKE-RELATED DEATH OCCURS EVERY THREE MINUTES.
• 500,000 WOMEN A YEAR DIE FROM HEART DISEASE, THAT IS MORE THAN ANY OTHER CAUSE INCLUDING BREAST CANCER.
• 14 MILLION AMERICANS ARE CURRENTLY LIVING WITH SOME FORM OF CARDIOVASCULAR DISEASE.
• SADLY, THE FIRST SYMPTOM IS OFTEN SUDDEN DEATH.
Our zeolite is a volcanic mineral, free of soluble clay, that is extracted from the top of a highly-active environmentally clean geothermal region. Because of its natural purity, there is no decontamination process required (as other zeolite companies may do). Furthermore, we test and quarantine each batch of our zeolite supply after a very clean and protected method of transportation and handling. Zeolite, in small doses, is known for attracting and removing harmful metals, chemicals and toxins.

What makes ZMP 400 superior is the fact that it is naturally harmonized and activated by being infused into a base of 400 milligrams of our exclusive marine phytoplankton which is mineral-rich, including magnesium, calcium and phosphorus. (1 fl oz / 30 ml)

**FORM**

FORM puts you in control of your portions, helping you make decisive eating choices instead of compulsive ones. When combined with water, FORM expands in your stomach, sending a message to your brain that you are less hungry. Weight management should be simple without harmful side effects or surgery. Take one to two capsules thirty minutes before eating. FORM is not intended to be a meal substitute. (40 Capsules)

**IMMUNEYES**

With eye-opening science from Georgetown University, ForeverGreen brings you the latest in natural immune system support. A proprietary blend of: Alpha3 CMP Marine Phytoplankton, Pure Organic Virgin Coconut Oil, ForeverGreen Oregano Essential Oil, in a natural UV protected veggie softgel with immune system supporting properties.

The following quote was taken from the Georgetown research study: “The ability of oils from various spices [oregano] to kill infectious organisms has been recognized since antiquity. Natural oils may turn out to be valuable adjuvants or even replacements for many anti-germicidals under a variety of conditions.” – Harry G. Preuss, MD, MACN, CNS (30 capsules)

**PURE**

Finally, ForeverGreen produces a PURE marine phytoplankton product! PURE is two products in one! First is 1500mg of marine phytoplankton, highly concentrated and highly potent! Second is ForeverGreen’s Deep Blue Mineral Base in a nature balanced, multimineral super concentrate extracted from nutrient-rich ocean water that has the salt removed. It contains 92 ionic minerals and trace elements essential to life. ForeverGreen has gone to great lengths to achieve the sourcing of this mineral base. (2 oz.)

**IMMUNEYES**

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INDULGE YOUR SKIN WITH MOTHER NATURE’S FIRST AND FINEST INGREDIENTS.

SecreSea™ contains timeless offerings from land and sea, using only the highest quality botanical, clean and/or organic, ingredients, extracts, and essential oils to rejuvenate and purify your skin. Being beautiful is being natural. Just as our bodies use nature’s gifts to heal and flourish, our skin is most healthy when we properly balance and strengthen it.

SecreSea™ provides health deposits for the skin while generously nourishing it with Marine Phytoplankton and other pure, organic ingredients like Aloe Vera and Lavender.

SecreSea™ restores skin from the outside in, enabling you to achieve and maintain your most beautiful skin. The synergy created from nourishing our bodies with Marine Phytoplankton inside and out promises amazing results.

COMBINE SECRESEA™ WITH THE POWER OF FREQUENCEA™ – AS MARINE PHYTOPLANKTON WORKS ON THE INSIDE AND THE OUTSIDE– EVERYONE WILL BE ASKING YOU WHAT YOUR BEAUTY SECRET IS!
STEP ONE
FACIAL SCRUB
GENTLE CLEANSE & LIGHT EXFOLIANT
Jojoba beans, certified organic Aloe Vera and gentle
exfoliating granules smooth away dull surface cells and
impurities for a radiant complexion. Infused with Marine
Phytoplankton exclusively from ForeverGreen™.
(3.3 oz / 100 ml)

STEP TWO
PH TONER
PURIFY, BALANCE & HYDRATE
This invigorating blend with CoQ10 tones, purifies, hydrates and balances your skin’s pH
for a healthy blemish-free complexion.
(4 oz / 120 ml)

STEP THREE
YOUTH SERUM
CELLULAR REJUVENATION &
ANTIOXIDANT
A botanical formula highlighted with
rose essence makes this serum our
highest quality offering. Rejuvenate
your skin with healthy deposits of pure
and/or organic ingredients. Infused
with Marine Phytoplankton exclusively
from ForeverGreen™.
(1 oz / 30 ml)

STEP FOUR
FOR FACE AND BODY
HYDRATING CREAM
REVITALIZE, NOURISH & REPAIR
Make your moisturizing experiences
pleasurable with a certified organic Aloe
Vera base and the essence of lavender.
Infused with Marine Phytoplankton
exclusively from ForeverGreen™.
(4 oz / 120 ml)

SPECIALTY
MINERAL MASK
SMOOTH, LIFT & PURIFY without surgery!
This deep cleansing mask gently draws out impurities and
excess oil that can clog pores, leaving your skin smooth and
refreshed. Infused with Marine Phytoplankton exclusively
from ForeverGreen™.
(3.3 oz / 100 ml)

COMPLETE SYSTEM
Start your SecreSea™ experience with this convenient pack
that comes complete with the entire SecreSea™ product line.
Exclusively from ForeverGreen™.
FROM OUR HANDS TO YOURS... WITH LOVE

Do you know what is believed to be the oldest medicine known to man? Here is a hint: they are more precious than gold, silver, and even precious gems.

The answer is essential oils. So, what are essential oils?

Essential oils are the lifeblood of plants, herbs, spices and flowers, and they bring the life force and energy of the plant kingdom to the human race.

Scientifically, essential oils are known for being antibacterial, antifungal and anti-parasitic, but there are many additional preventative and pleasurable ways to use ForeverGreen Essential Oils. These oils are distilled in a proprietary process full of patience and respect toward nature that preserves plant’s therapeutic offerings. You can use Essential Oils from ForeverGreen topically, as in massage and reflexology, aromatically in diffusers, as well as therapeutically in your personal care and daily household needs.

The ForeverGreen commitment to essential oils is “true”. With essential oil expert Alexandria Brighton, ForeverGreen Essential Oils are a complete line of only clean, organic and/or wild-crafted pure therapeutic-grade essential oils.
Every ForeverGreen oil is bottled in a custom, cobalt-colored bottle, which has the unique characteristic of allowing in only those light rays that help preserve the essential oil’s energy, blocking out the light rays that degrade the quality of the essential oil.

All ForeverGreen oils are sourced from the finest growers in the world. These are individuals who understand the art of growing and distilling oils for therapeutic use and not as commercial flavoring and aromatic agents. These suppliers only offer their products to companies who demonstrate the highest respect for pure essential oils. All ForeverGreen oils are sourced from locations where the climate and soil conditions are ideal for that particular oil.

Every ForeverGreen oil is gently steam-distilled to ensure it is as close to the natural oil from the plant as possible.

All ForeverGreen oils are competitively priced. For their extraordinary quality level, they are some of the most affordable oils on the market.

PERFECT 10 PACK

This pack is a great introduction to the world of essential oils with samplings of some of the most popular essentials oils and ForeverGreen exclusive HYDRescience Plant Life Concentrates. This pack also comes with introductory materials created to help anyone learn how to enhance their life with essential oils and plant life concentrates.
**SINGLE OILS**

ForeverGreen offers a variety of single essential oils from frankincense to lavender, and peppermint to lemon. The list goes on, topped off with oils like tea tree and chamomile. Each single essential oil brings the message of that particular plant species. They should be enjoyed with respect, care and safety.

**BALSAM FIR**
*Abies balsamea*
First used by native Americans for wound healing, balsam fir is only found in North America. It can be very helpful to the joints and muscles through regular massage. It also has a powerful psychological influence, helping to release emotional issues behind illnesses. It can add wonderful effects when blended with other essential oils. [10 ml]

**BASIL**
*Ocimum basilicum*
Basil helps keep one focused and prevents the mind from wandering or becoming distracted. It is an excellent aromatic nerve tonic, best administered through periodic diffusion to reduce tension and stress. It is also an effective insect repellent and soothing on insect bites. [10 ml]

**BAY LAUREL**
*Laurus nobilis*
Bay laurel has been recognized since antiquity for its regenerating and antiseptic properties. It is a good infection-fighting agent, particularly for recurrent or chronic infections as part of a blend. It also has an affinity for the lymphatic system where it acts as a detoxifier. [10 ml]

**BERGAMOT**
*Citrus bergamia*
Sometimes known as “nature’s Prozac”, several studies have shown that bergamot is a powerful aid in restoring emotional balance, boosting the effectiveness of treatments for depression and anxiety-related conditions. It is calming, grounding and uplifting. [10 ml]

**BLACK PEPPER**
*Piper nigrum*
This warm and spicy essential oil helps to increase warmth of the hands and feet by stimulating circulation. It also relieves sore muscles and joints, boosts the immune and digestive systems, stimulates the kidneys and disperses bruising by increasing circulation to the skin. It is also a strong antibacterial and antiviral oil, warming and comforting for congestion, the flu, etc. Emotionally, black pepper is an aphrodisiac, and is also grounding and stabilizing. Some authorities recommend it for improving concentration and memory. [10 ml]

**BLACK SPRUCE**
*Picea mariana*
The aroma of this oil is both calming and elevating, excellent for yoga and meditative use, or uplifting the atmosphere of any space. It is particularly suited to restoring depleted and overworked adrenal glands. Other traditional uses include: topical application for muscular aches and pains, poor circulation, rheumatism, and to improve breathing conditions of asthma, bronchitis, coughs and general weakness. [10 ml]

**BIRCH**
*Betula lenta*
Traditionally used by native Americans for its heating and warming properties, and noted for its anti-inflammatory properties, apply birch topically for easing joint and bone stress. [10 ml]

**CARROT SEED**
*Daucus carota*
Surprisingly versatile, carrot seed is powerful yet gentle. Its purifying and regenerative abilities are wonderful for the liver, kidneys and skin. It fights infection, aids cardiovascular function, and eases aches and pains. [10 ml]

**CEDARWOOD**
*Cedrus atlantica*
Cedarwood is revered for its calming and cleansing properties. It has been used in many topical remedies for its antiseptic and anti-fungal benefits. When diffused it acts as an insect repellent, cleanses the air, and can help reduce stress. [10 ml]

**CHAMOMILE**
*Chamaemelum nobile*
Reminiscent of the warm, herbal quality of chamomile tea, this oil has relaxing, soothing, and calming properties without being a sedative. It also provides benefits for the skin and digestive system. [10 ml]

**CINNAMON BARK**
*Cinnamomum zeylanicum*
Cinnamon bark is a good oil for fighting intestinal infections and supplying the body with energy after severe stress or debilitating illness. [5 ml]

**CLARY SAGE**
*Salvia sclarea*
In ancient times, clary sage oil was used for meditation and spiritual communication. Dilute before putting on skin. Use in a compress or massage to awaken the body and relieve fatigue. [10 ml]

**CLOVE BUD**
*Caryophyllus aromaticus*
Known to be effective for toothaches, clove bud oil is also a powerful analgesic for arthritic and rheumatism pain and has antibacterial effects. [10 ml]

**CLOVER**
*Coriandrum sativum*
Coriander is an exceptionally effective oil for aiding the endocrine system as well as soothing and calming the digestive system. Use with massage to aid circulation and overcome stiffness. [10 ml]
**GRAPEFRUIT PINK**  
*Citrus paradisi*  
This oil has a sweet, refreshing citrus aroma that is the most energizing of the citrus oils, with great anti-depressive properties. A mild diuretic with toning and astringent properties, grapefruit helps with skin congestion in eliminating excess fluids, breaking down fat and reducing cellulite. It stimulates the lymphatic and digestive systems, aiding the body in removing toxins. (10 ml)

**HELICHRYSUM**  
*Helichrysum italicum*  
Great for the nervous system, skin, and to calm insect bites, apply helichrysum oil topically on location. (5 ml)

**JASMINE 10%**  
*Jasminum officinale*  
Jasmine’s sensually sweet floral aroma supports the nervous system and is especially helpful for the mature woman’s changing needs and dry, sensitive skin. Called the “queen of the night”, this oil has been famous since the earliest days as an aphrodisiac. This essential oil is very costly because of the enormous quantity of flowers needed to produce a relatively small amount of oil. It is also used in the treatment of depression, exhaustion, and labor pains. (10 ml)

**JUNIPER BERRY**  
*Juniperus communis*  
An excellent purifier, this oil is particularly effective at riding the body of toxins. It is often used to strengthen kidney function and in dealing with cystitis, hemorrhoids and menstrual issues. It is effective with skin and blood disorders due to its action as a circulatory stimulant and blood purifier. (10 ml)

**LAVENDER**  
*Lavandula officinalis mailette*  
Celebrated for its versatility and relaxing properties, lavender oil is great for balancing the skin, as well as the body and the mind. Lavender is one of the most studied oils. (10 ml)

**LEMON**  
*Citrus limonum*  
Traditionally used for its anti-fungal, antibacterial, and cleansing qualities, lemon oil is great for diffusing in the home to provide a clean, fresh-smelling aroma. Use with filtered water as a disinfectant. (10 ml)

**LEMONGRASS**  
*Cymbopogon citratus*  
Lemongrass provides cleansing properties, lymphatic system support, and tendon, cartilage, and connective tissue support. Also known for its anti-fungal and disinfectant properties. (10 ml)

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**CYPRESS**  
*Cupressus sempervirens*  
Cypress oil is great for aiding circulation, mental strength and balancing oily skin. Excellent support for the endocrine system. (10 ml)

**DILL**  
*Anethum graveolens*  
Among the earliest medicinal herbs, dill oil is very effective for the endocrine system, the respiratory system and to ease the digestive system. (10 ml)

**EUCALYPTUS CITRIODORA**  
*Eucalyptus citriodora*  
This eucalyptus oil is light, lemony and refreshing. It is a strong anti-fungal, but also possesses anti-inflammatory, antiviral, antibacterial and insecticidal properties. Also works as an effective insect repellent that can be used to replace ‘deet’ products. It is helpful with athlete’s foot and respiratory infections, but like all eucalyptus oils, it should not be taken internally. (10 ml)

**EUCALYPTUS GLOBULUS**  
*Eucalyptus globulus*  
Due to its heavy concentration of 1.8 cineole, this oil has a pronounced action on the respiratory tract, specifically the bottom of the tract—the bronchi and lungs—the top being more effectively treated with eucalyptus radiata. It is also anti-inflammatory and antispasmodic and consequently helpful in cases of asthma, flu and tropical diseases. It should only be used topically and never internally. (10 ml)

**EUCALYPTUS RADIATA**  
*Eucalyptus radiata*  
Like other eucalyptus oils, this one is primarily beneficial to the respiratory system. It is gentler than E. globulus, so is more easily tolerated by children. Its cooling effect can be helpful in cases of fever. It is excellent for diffusion during a respiratory infection. (10 ml)

**FENNEL**  
*Foeniculum vulgare*  
Fennel has been used in Europe as an aid in firming sagging tissue. Use in massage, compresses, and diffusion. (10 ml)

**FRANKINCENSE**  
*Boswellia carteri*  
Frankincense is a relaxing oil that improves mood and relieves stress and is exceptionally good for the respiratory, nervous, and immune systems. (10 ml)

**GERANIUM**  
*Pelargonium graveolens*  
Exceptional for balancing emotions and calming stress, use geranium oil in massage to aid circulation. (10 ml)

**GINGER**  
*Zingiber officinale*  
Ginger is one of the best remedies for nausea, especially motion and morning sickness. Ginger also acts as general tonic for fatigue. (10 ml)
MANDARIN–GREEN
Citrus reticulata
It is often used as a digestive aid for use against indigestion, hiccups, anxiety, and to assist the liver functions of the elderly. Mandarin essential oil is also commonly used in soaps, cosmetics, perfumes and men’s colognes. It increases lymphatic circulation, stimulates the immune system and can be helpful in preventing scars and stretch marks. Also relieves constipation, increases urine flow and helps reduce edema. Emotionally, it can help in establishing daily routines. [10 ml]

MANDARIN–RED
Citrus nobilis
Often said to be a child’s best friend, the sweet, candy-like aroma of red mandarin is pleasing to children and adults alike, bringing out the inner child. Red mandarin is safe to use with children and the elderly. When diffused, it is calming and cheerful to expectant mothers and those suffering from insomnia, nervous tension or anxiety. It is also helpful to those dealing with poor circulation, water retention, obesity and cellulite. [10 ml]

MARJORAM
Origanum marjorana
When muscles are stressed, use marjoram oil to warm up, relax and recover naturally. Diffuse to aid relaxation. [10 ml]

MYRRH
Commiphora myrrha
Add a few drops of myrrh topically during your regular beauty regimen on face, neck and hands. Cairo University studies validate benefits to the endocrine system. [10 ml]

MYRTLE
Myrtus communis
Myrtle is used traditionally for strengthening the immune system, the endocrine system and for respiratory health. Use for chest and back massage, in baths and diffusion. [10 ml]

NIAOULI
Melaleuca quinquenervia viridiflora
Niaouli is similar in action to tea tree oil but is sometimes preferred because its aroma is milder and more pleasant. Niaouli oil is analgesic, antiseptic, bactericidal, cicatrisant, insecticidal, decongestant and vermifuge. Its aroma is stimulating and uplifting; it clears the head and may aid in concentration. It is an excellent antiseptic for treating pulmonary infections such as bronchitis and sinusitis. For respiratory problems, it blends well with eucalyptus, scotch pine, and ravensara. [10 ml]

NEROLI 10%
Citrus aurantium
Neroli oil is distilled from orange blossoms. Its intoxicating scent has anti-depressive and anti-anxiety properties and many consider it to be aphrodisiac. Its chemistry is such that it is excellent for all types of skin, supporting the skin’s renewal process of shedding old skin and stimulating new cell growth. It may be used for acne and the treatment of sensitive or inflamed skin. [10 ml]

ORANGE
Citrus sinensis
Orange oil activates the creative, artistic and intuitive areas of the brain. Orange contains a high concentration of limonene, studied for supporting the immune system. Wonderful in diffusion. [10 ml]

OREGANO
Origanum vulgare
Steam-distilled from the leaves of the oregano plant, oregano oil is the world’s first and most natural preservative. [10 ml]

PALMAROSA
Cymbopogon martinii
Palmarosa oil calms the mind, yet has an uplifting effect, while clearing muddled thinking. Because of its rose-like aroma it is often substituted for rose oil in blends. Palmarosa oil is also an excellent skin tonic, balancing hydration levels, stimulating cell regeneration, and supporting production of sebum, to keep the skin supple and elastic. It can be helpful in treating acne, dermatitis, scarring. [10 ml]

PATCHOULI
Pogostemon cablin
Patchouli oil has a grounding and balancing effect on the emotions and banishes lethargy, while sharpening the wits, fighting depression and anxiety. It is effective in fighting water retention and helps prevent cellulite. It also depresses the appetite, helping in weight control. It is an effective antidote for poisonous insect bites and is a good insect repellent. Patchouli oil is an excellent tissue regenerator on the skin and is effective in healing rough, cracked and overly dehydrated skin. It is used to treat acne, eczema, sores, ulcers, and fungal infections, as well as scalp disorders. [10 ml]

PEPPERMINT
Mentha piperita
Peppermint is used to energize a sluggish body, aid in digestion, respiratory support and mental clarity. This is a universally loved oil with worldwide acceptance. Diffuse, or rub on back of the neck to help reduce stress and tension. [10 ml]

PETITGRAIN
Citrus aurantium
Three different essential oils are created from the orange tree: orange oil, from the rind; neroli oil from the flowers; and petitgrain oil from the leaves and twigs. Petitgrain is excellent to use for acne care, oily skin, and facial edema. It is also used to calm the nervous system, for respiratory infections, and anxiety and panic attacks and depression. It can help ease indigestion, constipation and emotional stomachache symptoms. Its relaxing properties help to calm rapid heartbeat and relieve insomnia. [10 ml]
**RAVENSARA**
*Ravensara aromatica Sonn*
Ravensara is very effective in cases of shingles and herpes, as it is both antiviral and a nerve tonic. Safe for small children, it is a first choice for pneumonia and upper-respiratory illness. [10 ml]

**ROSE 10%**
*Rosa damascena*
This delicate oil comforts in times of sorrow, refreshes a sad heart and dissolves psychological pain. Its fragrance is innocent yet sensual and it is mild enough to use on babies’ skin. It is also helpful for balancing women’s hormones and strengthens the uterus as it relieves menstrual cramps. Rose helps to harmonize the mental, emotional and physical. It is above all a balm to the soul. [10 ml]

**ROSEMARY CT CINEOLE**
*Rosmarinus officinalis ct cineole*
Rosemary has been used throughout the centuries to strengthen the immune system, help with infections, and improve memory. Helps improve mental clarity and alertness. Helps nourish the scalp for healthy hair and skin. [10 ml]

**ROSEMARY CT VERBENONE**
*Rosmarinus officinalis ct verbenone*
Its supreme skin regenerative and wound healing properties make rosemary verbenone especially useful for treating chronic skin conditions, wrinkles, sun damage, dermatitis, eczema and psoriasis. Acne-prone skin may respond favorably to its renewing effects. It is ideal for dry and mature skin. Rosemary verbenone is also excellent for the treatment of oily hair, skin, scalp conditions, and dandruff. It has the same antibacterial and antiviral ability for respiratory infections, but is gentler than the more traditional cineole-rich rosemary. [10 ml]

**SAGE**
*Salvia officinalis*
This oil is capable of inhibiting fungal infections internally and externally and gives relief from fungal infections like dysentery, thrush, athlete’s foot, dermatitis, etc. Its antioxidant and anti-inflammatory properties make it useful on the skin as an anti-aging, anti-scarring and anti-spot product. It is a chologogue, meaning it promotes the discharge of bile which can aid digestion, soothe the stomach, and reduce inflammation caused by excessive acid. Like clary sage, it activates certain hormones such as estrogen which helps bring about clear menstruations and gives relief from problems like headache, nausea, weakness, depression, etc. which happen during periods. Since sage is a nervous stimulant, those with a history of epilepsy or high blood pressure should avoid using it. Further, because it contains camphor and camphene which can be toxic in nature, it should be avoided during pregnancy. [10 ml]

**SANDALWOOD**
*Santalum album*
This essential oil is extracted from the heartwood of the tree, which is chopped and chipped for distillation. Sandalwood is believed to awaken and bring unity to the inner-self. [10 ml]

**SCOTCH PINE**
*Pinus sylvestris*
Scotch pine was used by native Americans to prevent scurvy; they also filled their sleeping mattresses with it to keep away fleas and ticks. Scotch pine essential oil is capable of warming cold hands and feet, it is considered a useful essential oil for men in supporting the production of semen. It can also be used in the treatment of asthma, arthritis, sinusitis, inflammation, intestinal pain, allergies, fatigue and lung congestion. [10 ml]

**SPEARMINT**
*MENTHA SPICATA*
Many consider spearmint a milder, gentler form of peppermint, but the two oils are quite different chemically. Unlike peppermint oil, spearmint is calming, relaxing and uplifting, rather than stimulating. It can be useful in treating mental fatigue, depression and tension headaches. It is a proven antibacterial and anti-fungal. Spearmint also has a relaxing effect on muscles and nerves, and is a mild diuretic. It is effective as an insecticide and keeps away mosquitoes, ants, flies, moths, etc. Because of its lower menthol content, it is safer to use on young children than peppermint. [10 ml]

**SPIKENARD**
*Nardostachys jatamansi*
Regarded as a calming, sedative, stabilizing oil, spikenard’s action is one of regulating the actions of the nervous system and the heart. With its warm and earthy aroma, spikenard helps sooth the deepest forms of anxiety, and like myrrh, can instill a profound sense of peace. Spikenard may also be supportive in cases of allergic skin reactions, and can soothe, nourish, and regenerate the skin for some people. It is one of the few essential oils that helps relieve dandruff. [10 ml]

**TANGERINE**
*Citrus reticulata*
Tangerine improves circulation of blood and phlegm, boosts digestion, helps maintain oil and moisture balance in the skin and shows cicatrisant and emollient properties too. It also helps with constipation, diarrhea, flatulence, rashes, dryness and cracking of skin, hair problems, dandruff, etc. Like all citrus oils it has phototoxic properties and should not be applied before going into the sun. [10 ml]

**TEA TREE**
*Melaleuca alternifolia*
Great for helping with skin irritations and immune support, tea tree is one of the most commonly used oils throughout the world. [10 ml]

**THYME CT LINALOOL**
*Thymus vulgaris ct linalool*
Thyme ct linalool has a mild, delicate smell similar to lavender. It is very different from regular thyme essential oil both in its aroma and its action. It has excellent infection-fighting properties but is much gentler than regular thyme; therefore it can be used with children. Particularly helpful with childhood respiratory infections, colds and flu. [10 ml]
**BLENDED OILS**

Blending essential oils has been a timeless expertise since the beginning of natural medicine. It is an art; even a science. For these reasons, ForeverGreen set out to work with the best.

Alexandria Brighton, a master formulator, author and educator, has aligned with ForeverGreen to bring her knowledge, education and passion for essential oils to our ForeverGreen family. Each ForeverGreen blend is carefully synergized with specific ratios in a variety of ways for a variety of reasons.

**CAIRO CARE**

Cairo Care is great as a foundation oil to be used before other essential oils due to its ability to relax and prepare the body to assimilate oils more effectively. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of black spruce, rosewood, tanacetum annum, frankincense, balsam fir and jojoba. (10 ml)*

**CHARITY**

Use Charity as needed on the bottom of the feet as emotional stress warrants; also wonderful for diffusion. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of rose, sandalwood, monoi, patchouli, ylang ylang, geranium and jojoba. (10 ml)*

**CHERISHED SPACE**

When you distinguish your environments as cherished spaces, you honor yourself. Cherished Space supports and nurtures the energy of your environment and your personal energy field, creating positive energy following space clearing. The extremely high frequency oils in this blend impart that same frequency into your environment. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of juniper berry, pink grapefruit, cedarwood, rosewood, palmarosa, sweet fennel, myrrh, neroli, clove bud, rose damascena, jasmine grandiflorum, sweet birch and jojoba. (10 ml)*

**DELIGHT**

Symbolic of our inner child, this uplifting, playful blend encourages us to not take ourselves too seriously, encouraging us to find the fun and joy in daily life. Useful for adults and children alike, Delight can be diffused or used in the bath when one is down and needing a lift. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of **pink grapefruit**, red mandarin, rose, rosewood, spearmint, orange, tangerine and jojoba. (10 ml)*

**DREAM WEAVER**

The blend of inner wisdom, foresight and the ability to conceive of a future that does not yet exist, it is our Dream Weaver that is responsible for intuitive thinking. It gives us the ability to perceive abstractly, allowing us to think in symbols. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of inula, rosewood, neroli, sweet orange, elemi, clary sage, bergamot, tanacetum annum, cistus, palmarosa, black spruce, jasmine grand and jojoba. (10 ml)*

**DRAGON’S FIRE**

This blend contains carefully selected, high frequency essential oils blended specifically to support the emotions and effects of life’s greatest traumas and trials including Dragon’s Blood. Dragon’s Blood resin has long been used to neutralize negative energies and contributes to this blend that is formulated to neutralize negative energies; specifically for use in areas where there has been a divorce, bankruptcy, violence or death. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of sage, juniper berry, cypress, ocean pine, dragon’s blood, spikenard, patchouli, thyme ct. linalool, frankincense and cedarwood. (10 ml)*

**E-MOTION**

Release negative emotions and barriers to higher awareness with E-Motion. Use on the bottom of your feet or diffuse. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of thyme, tea tree, juniper berry, roman chamomile, bay laurel, lemongrass and jojoba. (10 ml)*

**COMPassion**

Through compassion for ourselves and others we learn to give the same unconditional love we long to receive. By not judging ourselves, we can in turn not judge others. To be kind and forgiving of ourselves we can learn to be kind and forgiving to others. Its kind and loving vibration will flow through your being, unlocking any resistance to giving and receiving love. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of lavender, sandalwood, ylang ylang, clary sage, patchouli, marjoram, pink grapefruit and jojoba. (10 ml)*

**DEFENSE**

Defense contains powerful, therapeutic-grade essential oils that are invigorating when applied, especially to the chest and throat area. A wonderful blend to diffuse during winter. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of tea tree, thyme ct. linalool, peppermint, ravensara, eucalyptus radiata, palmarosa, oregano, cinnamon bark and clove bud. (10 ml)*

**DYnamic LaureL**

**Dynamic Laurel** is a profound and challenging blend of inner wisdom, foresight and the ability to conceive of a future that does not yet exist. It is our Dream Weaver that is responsible for intuitive thinking. It gives us the ability to perceive abstractly, allowing us to think in symbols. *Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of inula, rosewood, neroli, sweet orange, elemi, clary sage, bergamot, tanacetum annum, cistus, palmarosa, black spruce, jasmine grand and jojoba. (10 ml)*

**Thyme CT Thymol**

*Thymus vulgaris ct thymol*

Steam distilled from leaves and flowers of the thymus vulgans plant, thyme oil has been used by ancient Greeks to ward off infectious disease and for digestive and respiratory support. [10 ml]

**Vetiver**

*Chrysopogon zizanioides*

Vetiver has a grounding, earthy scent often employed as a fixative in oriental-type perfumes. It is considered to be deeply relaxing and often used in baths and massage for issues relating to nervous tension, debility, insomnia, and depression. Its skin care applications extend to acne treatment from oily skin, and accelerating the healing of cuts and wounds. [10 ml]

**Ylang Ylang Complete**

*Cananga odorata*

Known for centuries as an aphrodisiac, ylang ylang oil is also a wonderful tonic for the skin and hair, as well as circulation and cardiovascular issues. [10 ml]
**EASE**
This wonderful blend calms and soothes the digestive system and related organs. Use Ease in massage over lower abdomen areas and back. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of ginger, peppermint, rosemary, tea tree, cinnamon bark, cypress and thyme. (10 ml)

**EXCHANGE**
Exchange is a blend of the most remarkable oils for the respiratory system. Diffuse, use for massage, or use in a compress over respiratory area. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of eucalyptus globulus, eucalyptus radiata, eucalyptus citridora, marjoram, pine, cypress, peppermint, rosemary, lemon, bay laurel and ravensara. (10 ml)

**FINISHING OIL**
For thousands of years, the essential oils in this blend have been used to create places of peace and happiness where positive energy can dwell. After cleansing an area with Cherished Space, this oil is used to seal doors, windows, and other entrances, holding inside the positive energy you have created while confirming the intention to keep out the negative. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of basil, geranium, lemon, peppermint, rose and rosemary. (10 ml)

**FOCUS**
This blend is wonderfully supportive for times when increased mental alertness is required such as driving, studying, or taking tests. It is of great benefit when mental performance is required and extra concentration is needed. Focus helps to stimulate the logical left-brain thought processes, while preventing mental fatigue. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of basil, geranium, lemon, peppermint, rose and rosemary. (10 ml)

**PHYSICAL ThERA P**
When joints are inflamed and pain is restrictive, use Fysical Thera P with a hot or cold compress. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of birch, marjoram, clove bud, helichrysum, rosemary and jojoba. (10 ml)

**GRATITUDE**
Elevate the mood and support the experience and expression of feelings associated with thanksgiving and joy with Gratitude. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of rose, geranium, sandalwood, ylang ylang, pink grapefruit and jojoba. (10 ml)

**GRIEF RELIEF**
When we are unable to process grief, it stays raw; even years later it can feel as though it happened yesterday. Grief Relief helps keep the heart center open and processing. The bergamot essential oil in this blend resonates with the heart and acts as a soothing balm, allowing healing to take place. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of bergamot, cedarwood, clary sage, cypress, rose, spikenard and jojoba. (10 ml)

**GUARDIAN**
A strong antiseptic and powerful cleanser, great to diffuse or use in a mist for clearing the environment. Formulated to target accumulated stagnant or negative energy, it is also effective against mold, fungus, and bacteria, and makes a great antibacterial cleanser in the washer, dishwasher, and when traveling. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of sage, lemon, ocean pine, eucalyptus citridora, eucalyptus globulus, lemongrass, juniper berry, black spruce, cypress, tea tree, frankincense, thyme ct. linalool and jojoba. (10 ml)

**HEALER’S HEART**
Designed for caregivers and practitioners who nurture others in physical, emotional or spiritual needs. Supports the deepening of the caregiver’s own intuition, enhancing their abilities. Most often used neat; Healer’s Heart can be applied to the crown chakra and hands of the practitioner when preparing for hands-on work. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of spikenard, frankincense, cedarwood, elemi, cypress, sandalwood and jojoba. (10 ml)

**HEPATOX**
Hepatox is a daily habit in maintaining a healthy liver and bloodstream. Ingredients: premium-grade, organic and wild-crafted essential oils of carrot seed, lemon, peppermint and rosehip seed. (10 ml)

**HOPE**
Use Hope to stimulate remembrance of the hopeful future you once envisioned for yourself and let it clear the obstacles to realizing that goal. When we instill hope into our darkest times it shines a light that helps us find our way and allows miracles to happen. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of myrrh, frankincense, spikenard, sandalwood, rose, lavender, hyssop, jojoba. (10 ml)

**JOY & ABUNDANCE**
Use Joy & Abundance to energize your surroundings with the radiant and magnetic energy of prosperity. This blend has spices that in ancient times were considered more valuable than gold. This blend represents prosperity and abundance in all its forms – increased opportunity, financial gain, abundant friends, increased health and wellbeing. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of patchouli, black spruce, sweet orange, ginger, nutmeg, cinnamon bark and jojoba. (10 ml)

**KIDS’ WELLNESS**
This immune-boosting blend is formulated to help keep your child healthy during cold and flu season with a variety of monoterpene alcohols that are non-toxic while being antiviral and antibacterial. It can be diffused, applied to the feet, or add 3-4 drops to the bath. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of thyme ct. linalool, ravensara, eucalyptus radiata, tea tree and lemon. (10 ml)
TRANSFORMATION
Transformation moves us to evolve and grow. It is a catalyst to empower you to take action, even when afraid. This blend focuses the mind on moving forward in a meaningful and joyous way.
Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of Dolphin Spirit, Compassion, balsam fir, black spruce, elmi, clary sage, inula, cistus landiferous, Gratitude, patchouli, spikenard, lavender and jojoba. (10 ml)

ONE VISION
Our signature blend, One Vision represents the ForeverGreen way of being. The evergreen trees represented in this signature blend come from all parts of the world, and join together to mirror and support our mission. One Vision is mentally and physically uplifting, inspiring a sense of empowerment and identity, and providing a spiritual connection to see beyond that which is to that which could be. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of cedarwood, cypress, balsam fir, siberian fir, scotch pine, ocean pine and black spruce. (10 ml)

PASSION
This blend strengthens the heart-mind, the source of sensitive awareness and the root of joy and love. Passion can be a potent aphrodisiac, particularly for the habitually self-restrained or emotionally inhibited. It helps one to express warmth freely, feel less vulnerable, and more self-confident. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of jasmine, neroli, patchouli, rose, rosewood, sandalwood and jojoba. (10 ml)

QUIESCENT
A blend of calming oils to help you unwind and feel at peace, diffuse to help you escape the neuro-chatter of a busy life. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of lavender, sandalwood, neroli, vetiver, patchouli, basil and spruce. (10 ml)

SPICE OF LIFE
After extensive research on how spice traders could survive the plagues of the 14th and 15th century, we bring their secrets to you with this immune system enhancing blend. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of cinnamon bark, clove bud and thyme ct. thymol. (10 ml)

SUN (HIS)
Designed as a natural, masculine blend, Sun stimulates the limbic areas of the brain responsible for emotions and moods, and helps soften aggressive tendencies. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of spikenard, frankincense, cedarwood, elmi, cypress, sandalwood, coriander and ginger. (10 ml)

TLC
TLC is found to be effective in supporting physical relaxation and is soothing for all. Ingredients: 100% pure, premium-grade, organic and wild-crafted essential oils of tangerine, sweet orange, pink grapefruit, ylang ylang, tanacetum annum, rose damascena and rosewood. (10 ml)
MESSAGE JOJOBA
Simmondsia chinensis
Carrier Oil
Unlike common vegetable oils, jojoba oil is chemically very similar to human sebum. It is often used as an ingredient in cosmetics and personal care products, especially skin care and hair care. It is relatively shelf-stable when compared with other vegetable oils. (16 oz.)

MESSAGE
Carrier Oil
Send health-enhancing deposits to the body through massage using this premium quality carrier oil, safely. Slows down the rate of absorption of essential oils into the body. A great nourishing moisturizer. Responsible cautions: do not diffuse essential oils diluted with Message Oil. (16 oz.)

FOREVERGREEN
ULTRA SONIC DIFFUSER
ForeverGreen is proud to offer its state-of-the-art ultrasonic essential oil diffuser. Aside from cold air diffusion, it has humidifying effects and multiple settings to bring the plant kingdom into your living room. A must!

GENERAL RESPONSIBLE CAUTIONS FOR USING ESSENTIAL OILS:

• Keep out of reach of children and away from the eyes and mucous membranes.

• If you feel sensitivity or uncomfortable warmth, dilute with vegetable oil or Message Oil rather than water.

• Store oils tightly closed, at room temperature, and away from direct sunlight.

• Do not use oils near fire, flame, heat, or sparks.

• If you are under a doctor’s care and/or are pregnant, please consult your health care professional prior to use.

• Note specific cautions on individual bottles of oil prior to use.

• Consult your health care professional prior to using on infants, small children, or pets.

The statements in this catalog have not been evaluated by the Food and Drug Administration. The products in this catalog are not intended to treat, diagnose, cure or prevent any disease. Please consult your health care provider prior to making any dietary, nutritional, or exercise lifestyle changes.

AROMA-PRO NEBULIZING DIFFUSER
The Aroma-Pro has proven itself to be the most reliable, durable and trouble free essential oil nebulizing diffuser on the market. This nebulizer is designed to break down liquid essential oils into a breathable molecular mist.
HYDRESENCE
PLANT LIFE
CONCENTRATES

The modern term “pharmacy” originates from the word “farmacy.” When a person needed something medicinal, they went to the farm or garden and picked it. The plant kingdom offers an abundance of our best medicines. These products are the quintessential offering of nature’s medicine cabinet. They are manufactured with the Aqueous Molecular Partitioning (AMP) process to provide a highly concentrated liquid that preserves the nutrients of the entire plant, rendered water-soluble.

CO2 EXTRACTION

Through CO2 Extraction (Supercritical Fluid Extraction), the full range of plant life elements in flowers, roots, herbs, leaves, foods, spices and any other botanicals can be extracted in their full and complete integrity! This process is done without the use of heat or hazardous solvents. Supercritical Fluid Extraction uses CO2 gas as the solvent. Under high pressure, CO2 gases will reach a “supercritical fluid” state and become a liquid form which helps break down the whole plant.

AMP PROCESS

(Aqueous Molecular Partitioning) After the oleoresins (a combination of the essential oil and plant resin), pytonutrients, antioxidants, fixatives, vitamins and volatiles are extracted out from the plants, they are then put through our AMP process. This exclusive proprietary process renders our plant life concentrates water soluble, and therefore instantly bio-available! The combination of the CO2 process and the AMP process emulsifies the whole plant kingdom in its integrity, in water, without the use of any chemicals or heat, making AMP the leading edge of the next generation of health and wellness!

GREEN DRAGON™
Symbolic of the life force that comes from the plant kingdom, greens are amazingly nutritious with vast health benefits. One squirt makes a wonderful herbal tea, chilled or hot. (15 ml)

RED DRAGON™
This special blend contains astaxanthin, an energizing superfood from Mother Nature’s ocean garden. For mental stamina, try mixing in water with Rainmaker™. (15 ml)

WHITE DRAGON™
Feel the warming, immune-supporting power as cinnamon, cloves, and nutmeg spread instantly through your body. (15 ml)

YELLOW DRAGON™
Helps you to create a sense of security, nourishment, abundance, comfort, stability, support, sympathy and satisfaction. This Dragon features several different natural, whole herbs blended together to support the digestive system, flesh and muscles. (15 ml)

BLACK DRAGON™
Formulated to conquer feelings of fear from impurities, this blend of several whole herbs supports feelings of rest, transformation, flow, strength, stamina, will, endurance and determination. (15 ml)

RAINMAKER™
This remarkable blend of floral flavors will infuse a life force throughout your body almost instantly. Distance yourself from the frequency of empty nutrition by adding Rainmaker™ to your drinking water or tea. (15 ml)
Embrace Health... Pleasurably

HEALTH IS A HABIT NOT AN EVENT
We all have dreams of love, family, intimacy, money, spirituality, and unfortunately too many people are stepping over their health, believing they can create and sustain their dreams. Remember our dreams are created and sustained through our healthy habits. Get inspired to create your dreams with the inspired wellness of INSPIRIN!

GET INSPIRIN
GET INSPIRED
INSPIRE OTHERS

TURN TO PAGE 11 FOR MORE INFORMATION ON INSPIRIN.